

Building Solutions



Construction Fixed: Conquering Home Performance

Errors 2017 RESNET

Dow.com

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Why this Presentation?

Building Elements Overview

Structural Element







Water Control Layer – Red Line







Water Control Layer



Thermal Control Layer – Blue Line







Air Control Layer – Green Line







Vapor Control Layer – Gold Line







System Effect on Performance





Energy & Moisture

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Problems and Solutions







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Adequate Insulation at Truss/Rafter Heel



- Energy loss
- Ice Dams





Adequate Insulation at Truss/Rafter Heel



Raised Heel Trusses



Higher R-value Insulations

Unvented Attics





Truss/Rafter Heel – Re-Roof Application







Ceiling Penetrations

Can Lights



PROBLEMS & SOLUTIONS

Bath Fans

Duct Boots



Air Leaks & Appropriate Insulation Over



Top Plate Air Sealing

PROBLEM

- Significant source of energy loss*
 - *Wolf, Dave; Characterization of Air Leakage in Residential Structures
- Durability issues







Top Plate Air Sealing

SOLUTIONS

Caulk or Drywall Adhesive



Gasket, Sill Seal,



SPF on Top



CONSIDER: Inspection of solutions



Ceiling Penetrations

PROBLEMS & SOLUTIONS





Common Wall Heat Loss

PROBLEM

- Adjacent walls each insulated with R-13 FG that only has 5 sides of contact
- Adjacent trusses have 2 layers of 5/8" Type "X" gypsum per fire code
- Allows heat loss through common walls to stack right up to roof deck
 - Energy loss
 - Condensation on underside of roof sheathing





Common Wall Heat Loss

SOLUTIONS

- Air seal to prevent heat loss from conditioned common wall area to unconditioned attic area
- Fireblocking is required!!
- Air barrier on the back side of these walls.





Venting to Soffits

PROBLEM

• Allows warm humid air to be pulled back into attic space







Venting to Soffits

SOLUTIONS

• Don't exhaust through soffit











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Thermal Bridging

PROBLEM



Energy Performance Research Neighborhood

Midland Michigan Climate Zone 5-6





Continuous Insulation vs Cavity Only







2x6 OSB & HW









2x4 R5 ci & R16 SPF







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Thermal Bridging

SOLUTION



Stucco & Adhered Masonry

Photo: Building Science Corp.

Inward Vapor Drive

PROBLEM

- Rain causes cladding to absorb water
- Sun causes drying in both directions
 - Outward Good
 - Inward Bad -
- Temperature drop in evening causes condensation on sheathing surface




Effect of Decay on Strength of Wood

Decay initially affects toughness, or the ability of wood to withstand impacts. This is generally followed by reductions in strength values related to static bending. Eventually, all strength properties are seriously reduced.

Strength losses during early stages of decay can be considerable, depending to a great extent upon the fungi involved and, to a lesser extent, upon the type of wood undergoing decay. In laboratory tests, losses in toughness ranged from 6% to >50% by the time 1% weight loss had occurred in the wood as a result of fungal attack. By the time weight losses resulting from decay have reached 10%, most strength losses may be expected to exceed 50%. At such weight losses (10% or less), decay is detectable only microscopically. It may be assumed that wood with visually discernible decay has been greatly reduced in all strength values.

USDA – Forest Service – Forest Products Lab – General Technical Bulletin FPL-GTR-190 – Wood Handbook



Inward Vapor Drive

SOLUTIONS

- Ventilation space
- Low perm CI or WRB





FROG's (Finished Rooms Over Garages)

- Difficult to keep comfortable
 Why?
- Surrounded by exterior on 5 of 6 sides
- Long duct runs
- Inadequate Insulation
 - Dropped ceilings in garages
 - Heat runs
 - Plumbing chases
 - Knee walls
 - Sloped rafters





FROG's (Finished Rooms Over Garages)

SOLUTIONS



• Floor

- Spray foam in floor

- Continuous insulation on underside of joists
 - Hardwood floor issues
- Completely fill void with insulation
- Ducts
 - Manual J, D, & S
 - Commissioning
- Rafters
 - Fur down to achieve R-value



Knee Walls

- Comfort Issues
- Energy loss





Knee Walls

SOLUTIONS

- Spray foam
- Air Barrier on exposed side of attic
- Continuous insulation on exposed side of attic





Cantilevers

- Frozen pipes
- Continuity of air barrier
- Difficult to insulate effectively





Cantilevers

SOLUTIONS

- Spray foam
- Dense pack insulation
- Air barrier all six sides insulation
- Continuous insulation on underside of joists





Dormers & Bay Windows

- Complex difficult to air seal
- Difficult to adequately insulate to prevent condensation





Dormers & Bay Windows

SOLUTIONS

- Unvented attic
- Spray foam
- Fibrous insulation
 - Detailed Air Barrier
 - Vapor retarder (climate appropriate)
 - Adequate insulation
- Continuous insulation on top of roof deck
 - Keep roof deck above dew point



Bathroom Condensation





Bathroom Condensation

SOLUTIONS

- Properly sized bath fan
- Adequate bath fan exhaust duct
- Humidistat control
- Bath fan timer
- Air seal
- Insulation
- Occupant education





Shower Surround – Mold Behind Tile







Shower Surround – Mold Behind Tile

SOLUTIONS

• Continuous insulation on exterior walls





Headers

- Inadequate insulation
- Fiberglass compressed in headers has reduced effective R-Value





Headers

SOLUTIONS

- Relocate to rim joist
- Size minimal
- Use higher R-value insulations
- Continuous insulation on exterior

	OSB	1/2″ XPS
2x4	R-3.5	R-6
	OSB + FG	2" XPS
2x6	R-10	R-13.5





Electric Outlets



Electric Outlets

SOLUTIONS

- Shallower boxes
- Higher R-value insulation behind
 - Rigid Foam between the box and sheathing
 - SPF
 - CI on exterior
- Air seal





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Rim Joist



2.9

Rim Joist









Engineered rim joist R5 ci & SPF







Rim Joist pic of Rigid foam picture framed

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Rim Joist – SPF









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Why Insulate Foundations?

Heat Loss from Basement Wall



(Builders' Guide to Residential Foundation Insulation Kansas Corporation Commission - Energy Programs)



Basement Insulation







Basement Insulation

SOLUTIONS



This picture is from "Basement Insulation Systems" by Building Science Corporation 2002.











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Basement Floor Insulation

SOLUTIONS

• CONDUCTIVE HEAT LOSS:

- Uninsulated Basement Floor:
- 1000 SFT X (65-54)/ R-1 = 11,000 BTU
- Insulated Basement Floor (R-10 XPS)
- 1000 SFT X (65-54)/ R-11 = 1,000 BTU
- Largest uninsulated surface left in the home!





Other Common Problems?



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Thank You